

Take Action with CBE

Contact CBE!

Visit our website for up to date Environmental Justice information.
Sign up for our E-Newsletter and send us email with your questions or comments. Together we can improve environmental health in California.

Huntington Park Office

6325 Pacific Blvd. Suite 300
Huntington Park, CA 90255
(323) 826-9771 • www.cbecal.org

South East LA Organizers:

Roberto Cabrales x107 • rcabrales@cbecal.org
Darryl Molina x102 • dmolina@cbecal.org
mark! Lopez x112 • mark@cbecal.org

Allies:

Eastyards Communities for Environmental Justice: (323) 263-2113
Union de Vecinos Maywood: (323) 230-8194

Emergencies:

Exposure to poison or other toxins:

If the person is unconscious, having trouble breathing, or convulsing, call 911 immediately.

Otherwise, call the California Poison Control System (CPCS):

1-800-222-1222

24 hour hotline will provide free expert treatment advice from pharmacists, physicians, and nurses.

Oil or other chemical spills:

The National Response System (NRS): 24-hour hotline at

1-800-424-8802

OR online at:
<http://www.nrc.uscg.mil/nrchp.html>

Police:

Emergencies: 911

At the Workplace:

US Department of Labor:

1-800-321-6742 or
1-877-889-5627

This number is for emergencies at work only and can be made anonymously.



Southeast LA Resource Guide

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South East LA Resource Guide

Acknowledgments

We would like to thank the California Community Foundation, The California Endowment and the James Irvine Foundation for funding our community outreach program in Southeast LA.

This resource guide was made possible with the generous support of the California Community Foundation and was compiled as a collaborative effort with the help of CBE staff and interns as well as valuable feedback from community members.



Become a CBE member!

You can help us by:

- Donating money
- Donating time
- Donating a car

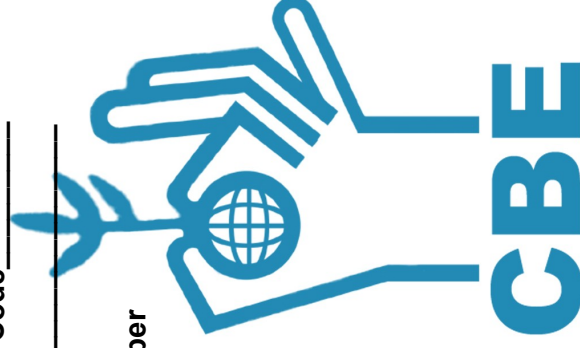
Name _____
 Address _____
 City _____ State _____ Zip Code _____
 Phone _____ Email _____

Enclosed is my contribution for: ☐ Yes! I would like to become a CBE member
 _____ \$30 _____ \$50 _____ \$100 _____ \$Other ☐ Yes! I am interested in getting involved

Donations may be made by check or credit card. Please make checks payable to:
 Communities for a Better Environment.

Credit card information: _____ Master Card _____ Visa _____ AmEx _____ Discover
 Card Number _____ Exp. Date _____ CCV _____
 Amount \$ _____ Signature _____

Your contribution is tax-deductible. TAX ID# 94-2998086



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- Introduction -

Southeast Los Angeles is a vibrant part of Los Angeles County. With over 600,000 people spread over 11 independent cities and 2 unincorporated neighborhoods of Los Angeles County. Multiple, state and federal political boundaries cut across this area which makes addressing environmental hazards an especially challenging task.

CBE has worked since 1994 in South East Los Angeles to empower residents demanding a better quality of life, and together we have been successful in

winning enforcement of regulations and tough new policies as well as preventing life threatening projects from moving forward.

This resource guide is intended to help further empower South East Los Angeles residents by providing a quick reference of phone numbers to call when you see environmental problems in your neighborhood and how to keep track of these problems so that your local officials can take action to stop them from happening in the future.



Become a CBE member!

Tear off this page, fill out the back and mail to:

CBE Office

6325 Pacific Blvd Suite 300

Huntington Park, CA 90255



TIME PROBLEM OCCURRED	TYPE OF PROBLEM	TIME PROBLEM LASTED	WHO TO CALL	DESCRIPTION OF PROBLEM & LOCATION
Date ____/____/____ Day of the week _____ Time ____:____ am pm	<input type="checkbox"/> Noise <input type="checkbox"/> Odor <input type="checkbox"/> Vibration <input type="checkbox"/> Traffic <input type="checkbox"/> Dust <input type="checkbox"/> Flare <input type="checkbox"/> Other: _____	<input type="checkbox"/> Less than 5 min <input type="checkbox"/> 5-20 min <input type="checkbox"/> 20-60 min <input type="checkbox"/> 1-2 hours <input type="checkbox"/> 2-4 hours <input type="checkbox"/> more than 4 hours <input type="checkbox"/> Other _____	<input type="checkbox"/> AQMD (Dust, odors, smoke, flare) 1-800-CUT-SMOG <input type="checkbox"/> Noise Abatement Dpt. (See page 17 for the number) <input type="checkbox"/> City Representative (See page 12 for the number) <input type="checkbox"/> Problem Facility	LOCATION: _____ DESCRIPTION OF PROBLEM: _____
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Communities for a Better Environment

Communities for a Better Environment (CBE) is a social justice organization with a focus on environmental health and justice. We organize in working class communities of color because our communities suffer the most from environmental pollution and toxics.

CBE works in urban communities in Northern and Southern California among low-income African Americans, Latinos and other marginalized groups who are bombarded by pollution from freeways, power plants, oil refineries, seaports, airports, and chemical manufacturers. These pollutants place an undue burden on our communities causing many families to suffer from very high rates of asthma and respiratory illnesses, heart problems, cancer, low birth weight, and miscarriages.

CBE works in these communities because they are also centers of resistance to environmental racism. CBE utilizes the following tools to win concrete victories that improve community health:

- **Community Organizing**
- **Science Research**
- **Legal Strategies**
- **Communications**

Young people have played a central role in winning campaigns to reduce pollution. CBE's youth program, Youth for Environmental Justice (Youth-EJ) works with students from 5 high schools to provide safe spaces for shared learning and taking action to improve community conditions. CBE currently works with students from Huntington Park, South Gate, Southeast, International and Banning High Schools.

The mission of Communities for a Better Environment is to achieve environmental health and justice by building grassroots power in and with communities of color and working-class communities.

CBE believes in building community power to help achieve the basic human right to clean air, clean water, and clean land and public space. In over thirty years of existence, CBE and its community members, including young people, have won some of the most important environmental policies in the nation – including strong regulations of power plant and oil refinery emissions. Our experience proves that organized communities truly can move mountains.

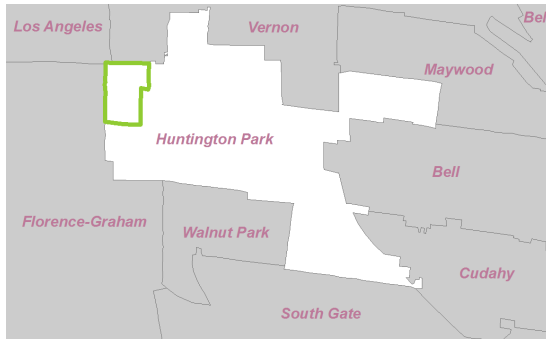
CBE Programs and Campaigns

Communities for a Better Environment works for environmental health and justice in Los Angeles, particularly in Wilmington and Southeast LA, with residents concerned about unhealthy and unjust environmental practices. CBE works to increase prevent new power plants, decrease exposure to toxics and other pollutants and to increase youth involvement in environmental justice.

Huntington Park Brown to Green (Community Response Against Pollution)

Community members, with the support of CBE researchers and organizers, are examining brownfield sites in the northwestern corner of the City of Huntington Park with the goal of revitalizing this area. Brownfields are abandoned or underused lands that may be contaminated by industrial use. Community members will develop a vision for an area-wide plan that meets the needs of our community. This project is funded by the US Environmental Protection Agency.

For more information contact:
Bahram Fazeli
(323) 826-9771-100



United Residents of South East LA (URSELA)

United Residents of Southeast Los Angeles for Environmental Justice (URSELA) is the adult community group component of Communities for a Better Environment (CBE). URSELA is comprised of concerned residents of Huntington Park, South Gate, Bell, Maywood and Unincorporated Los Angeles County. URSELA works on different environmental issues in the surrounding communities ranging from Environmental Propositions during the electoral process and fighting polluters to environmental health policy on a regional and statewide level. URSELA meets almost every Wednesday from 6:00-8pm at our Huntington Park office. For more information contact SELA Community Organizer, Robert Cabrales at (323) 826-9771 ext 107 or rcabrales@cbeal.org

TIME PROBLEM OCCURRED		TYPE OF PROBLEM	TIME PROBLEM LASTED	WHO TO CALL	DESCRIPTION OF PROBLEM & LOCATION
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Lead Hazard Abatement Program (LHAP)

The City of Huntington Park has partnered with Communities for a Better Environment (CBE) and The Los Angeles Community Legal Center (LACLC) to do outreach and sign up qualified low income tenants and home owners with children under 6 years of age living in the household (or visiting the household for 6 hours or more per week) to receive lead paint abatement in homes built prior 1978 at no cost to the homeowner or the tenant. Work can include but not limited to, exterior painting, interior painting, (i.e. windows, bathrooms, kitchens, and bedrooms). This Project is funded by the Housing and Urban Development (HUD) and will run until summer 2012.

For more information about the Lead Hazard Abatement Program (LHAP) or to sign up and get a visual evaluation contact mark! Lopez at (323) 826-9771, Ext. 112 or Robert Cabrales (323) 826-9771, Ext. 107

I-710 Expansion

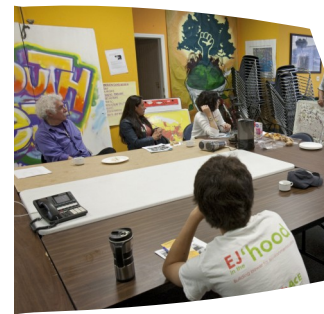
Residents along the I-710 corridor are concerned about proposed plans to expand the freeway, adding lanes to accommodate more diesel trucks traveling to and from the ports of Los Angeles and Long Beach. Working with allies in a coalition (Coalition for Environmental Health and Justice – CEHAJ), CBE is organizing and advocating for a reduction of pollution and an improvement of corridor conditions, pushing for cleaner alternatives to the increasing diesel-based goods movement in the region.

For more information contact: Robert Cabrales (323) 826-9771, Ext. 107

Youth for Environmental Justice (Youth EJ)

Since 1997, Youth EJ has been organizing youth in Southeast Los Angeles around issues of environmental and social justice as the youth component of Communities for a Better Environment. Youth EJ is committed to take action in order to transform conditions and fight complacency in predominantly low income communities of color by empowering youth to take a stand through consciousness raising, organizing and leadership development. Youth for Environmental Justice has Youth Action Clubs that meet at lunch in Huntington Park High School, South Gate High School, South East High School, International High School and Banning High School.

For more information contact Darryl Molina (323) 826-9771, Ext. 102 or mark! Lopez at (323) 826-9771, Ext. 112



Health Hazards in South East LA

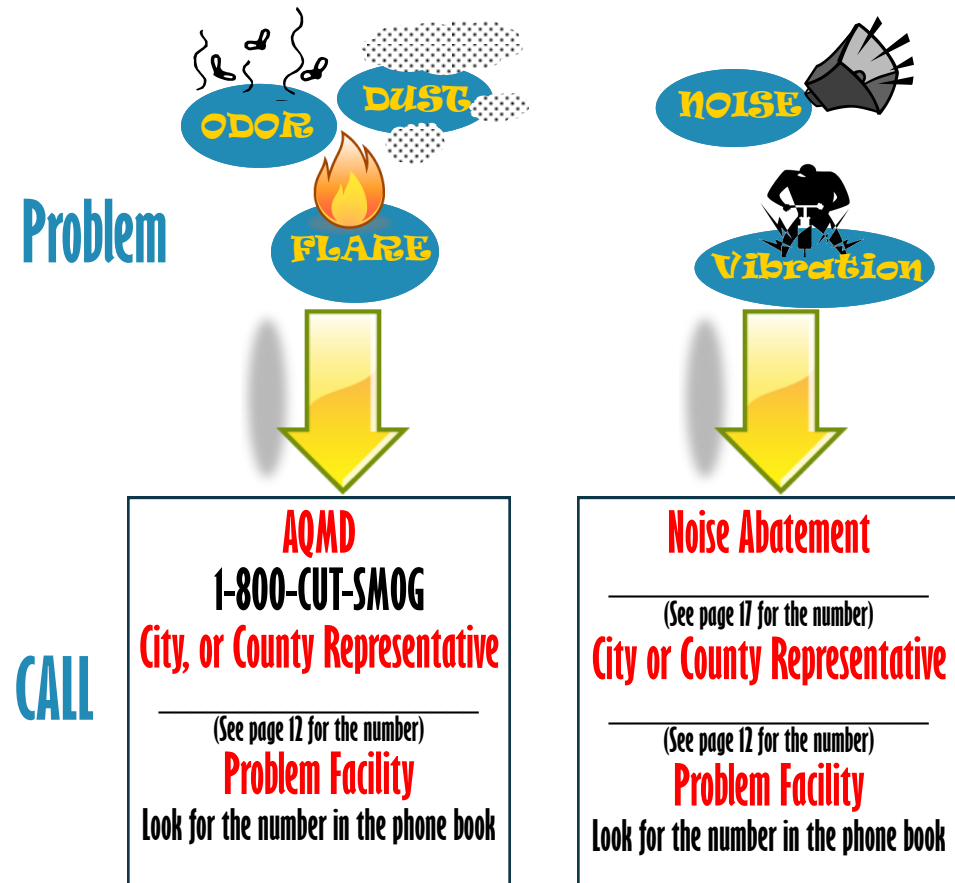
Health impacts of exposure to pollution are well documented and include: asthma, cancer, reproductive disorders, birth defects, reduced lung capacity, and cardiovascular diseases. In addition to the industrial pollution sources that are concentrated around SELA. Located between the ports and downtown LA and sandwiched between several major freeways, SELA is disproportionately subjected to a high number of particulate emitting diesel trucks that pass through while they carry goods to and from the ports and throughout the country.

Industry

One of the most heavily industrialized areas in Los Angeles is South East Los Angeles County (SELA), home to a low-income and overwhelmingly Latino/a population. Here a wide variety of polluting industries, such as chrome platers, hazardous waste treatment storage and disposal facilities, and other major toxic emitters combine with a high concentration of mobile sources of pollution to create a toxic hot-spot. Modeling studies by the South Coast Air Quality Management District (AQMD) indicate that the communities of SELA have some of the highest levels of toxic air pollution in the four county region of this air basin.

710 Freeway

Another important and developing case is the proposed expansion of the Long Beach Freeway (I-710), which would expand an 18-mile stretch of the I-710 from the ports to the Pomona (60) Freeway. This expansion intended to accommodate more truck traffic from a projected doubling of cargo through the Los Angeles and Long Beach port complex by 2030. Diesel trucks make up 20% of vehicles on the I-710 as compare to 6-13% on other freeways in LA County. There is a high concentration of hazardous diesel emissions in this transportation corridor. The 710 freeway averages about 1,200 diesel trucks per hour with peaks as high as 2,600 heavy duty diesel trucks per hour.



TIME PROBLEM OCCURRED	TYPE OF PROBLEM	TIME PROBLEM LASTED	WHO TO CALL	DESCRIPTION OF PROBLEM & LOCATION
Date <u>2/21/11</u> Day of the week <u>Monday</u> Time <u>3:50</u> <u>am</u>	<input checked="" type="checkbox"/> Noise <input type="checkbox"/> Odor <input checked="" type="checkbox"/> Vibration <input type="checkbox"/> Traffic <input type="checkbox"/> Dust <input type="checkbox"/> Flare <input type="checkbox"/> Other:	<input type="checkbox"/> Less than 5 min <input type="checkbox"/> 5-20 min <input checked="" type="checkbox"/> 20-60 min <input type="checkbox"/> 1-2 hours <input type="checkbox"/> 2-4 hours <input type="checkbox"/> more than 4 hours <input type="checkbox"/> Other	<input type="checkbox"/> AQMD (Dust, odors, smoke, flare) 1-800-CUT-SMOG <input checked="" type="checkbox"/> Noise Abatement Dpt. (See page 17 for the number) <input checked="" type="checkbox"/> City Representative (See page 12 for the number) <input type="checkbox"/> Problem Facility	LOCATION: <u>1st & Main St.</u> DESCRIPTION OF PROBLEM: <u>Acme Corp. Low hum causing cracks in my foundations and keep me up at night</u>
Date <u>2/21/11</u> Day of the week <u>Monday</u> Time <u>7:30</u> <u>am</u>	<input type="checkbox"/> Noise <input checked="" type="checkbox"/> Odor <input type="checkbox"/> Vibration <input type="checkbox"/> Traffic <input type="checkbox"/> Dust <input type="checkbox"/> Flare <input type="checkbox"/> Other:	<input type="checkbox"/> Less than 5 min <input type="checkbox"/> 5-20 min <input type="checkbox"/> 20-60 min <input checked="" type="checkbox"/> 1-2 hours <input type="checkbox"/> 2-4 hours <input type="checkbox"/> more than 4 hours <input type="checkbox"/> Other	<input checked="" type="checkbox"/> AQMD (Dust, odors, smoke, flare) 1-800-CUT-SMOG <input type="checkbox"/> Noise Abatement Dpt. (See page 17 for the number) <input checked="" type="checkbox"/> City Representative (See page 12 for the number) <input type="checkbox"/> Problem Facility	LOCATION: <u>5th & Main St.</u> DESCRIPTION OF PROBLEM: <u>A rotten egg smell is coming from the Stinko Refinery</u>

How do I Make a Complaint?

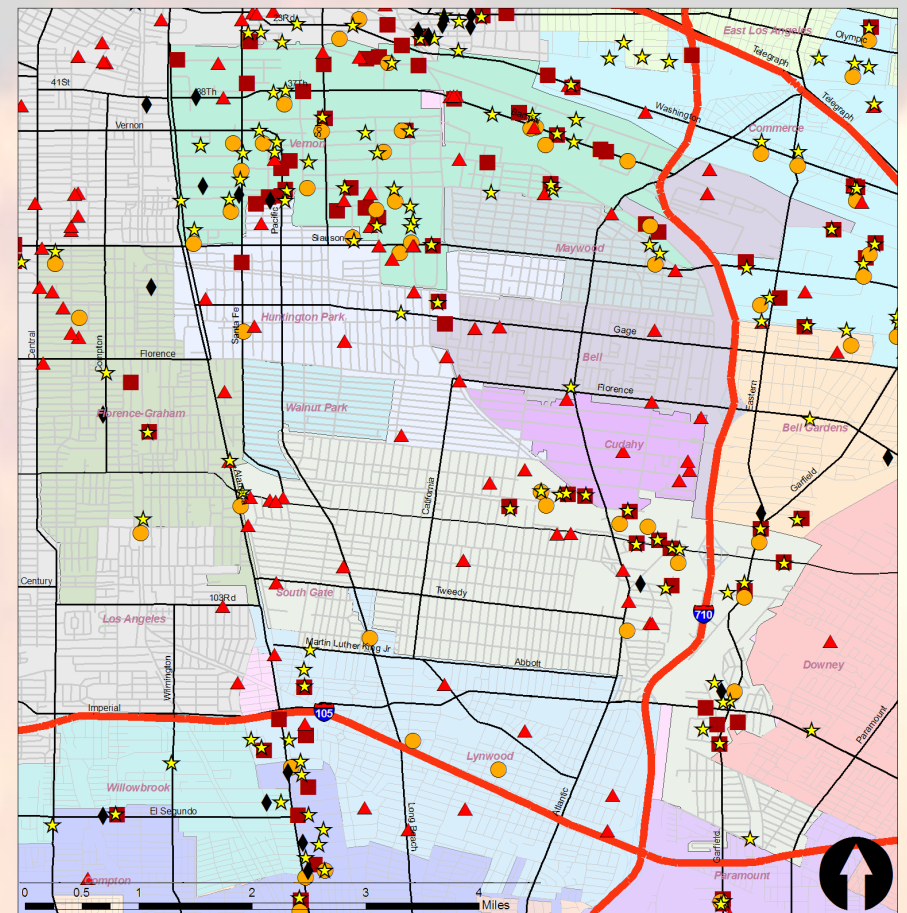


Everyone has the right to a healthy environment. If you live next to polluting facilities like refineries, oil extraction facilities, factories, rail lines, or any other pollution source you don't have to give up your right to a healthy environment. These polluting facilities have to ensure that their emissions fall within safety standards set by various regulatory agencies. We have prepared this guide to help you determine the appropriate regulatory agency or local elected official to call when you notice bad smells, excessive noise, dust, smoke or other problems. These regulatory agencies keep a log of community complaints and issue fines to facilities that are violating their permits. So make sure you document these problems to help improve the quality of life in your community.

- 1 Observe** – Get to know the patterns in your community, so you can see what is out of the ordinary. Check with your neighbors to see if they notice the problem too.
- 2 Write it down** – If something is out of the ordinary, write it down. You can use the log book on the following pages to keep track of these problems. Encourage your neighbors to keep track of these problems.
- 3 Tell someone** – Contact the local regulatory agency, like the AQMD, the Police, the Noise Abatement Department, or the facility that is causing the problem. Be sure to also contact your City Council Representative. Encourage your neighbors to contact these people as well. They are required to log complaints, and if you and your neighbors make enough complaints these can be helpful when taking action against a facility.
- 4 Follow up** – It's important to check back with the people you called to make sure that your complaint was heard. If you need more support in dealing with your complaint, contact CBE organizers in Southeast LA (*see back page for contact info).

CUMULATIVE IMPACTS

Extensive research has demonstrated that polluting facilities are disproportionately located in low-income communities of color, and SELA is no exception. Residents of SELA are exposed to significant health risks from industrial emissions. Even when individual facilities do not produce high risk, together they can produce risks above state and public notification levels. SELA is a striking example of environmental injustice. Covering one percent of the county's area, SELA accounts for 18 percent of toxic air emissions. Manufacturers are eight times as concentrated in SELA as in the County as a whole, and the area includes Superfund sites, toxic waste processors, leaking underground storage tanks, and air polluters.



Chrome Platers: Facilities that process chrome
AB2588: Stationary sources of pollution reported under the "Hot Spots" Information and Assessments Act.
DTSC: Facilities that handle hazardous waste and report to the Department of Toxic Substances Control

CHAPIS: The Community Health Air Pollution Information System, developed by the California Air Resource Board to maintain information on air pollution emitters.
TRI: Toxic Release Inventory, database maintained by the US EPA

CBE Successes

CBE helps highly polluted urban communities effectively fight polluters by combining organizing and leadership development, community based research and scientific support, and legal assistance. These are the three departments that make up our triad model. Below are only a few of the many victories that CBE has had in working with communities in Southeast LA.

Stopping Vernon Power Plant

After 3 years of organizing, mobilizing, advocacy, technical research and lawsuits, CBE members in Southeast Los Angeles stopped a 943 megawatt fossil fuel power plant that would have emitted over 1.7 million pounds of toxic pollution per year as well as 2.8 million tons of greenhouse gases.

The strength of this exciting grassroots effort compelled the City of Vernon to withdraw their application for the power plant on September 28th, 2009.

The power plant emissions could have released chemicals that are known to cause: aggravated asthma, alterations to the body's defense systems, damage to lung tissue, bronchitis and pneumonia, cancer, birth defects, lowered resistance to respiratory infections, and premature death. The South Coast Air Quality Management District (AQMD) estimated that air pollution from this power plant would have caused as many as one dozen deaths every year. Since these facilities usually operate for fifty years, literally hundreds of lives have been saved.

This was not only a local victory. By preventing the emission of more than 200 million tons of greenhouse gasses, the women and youth made a major contribution to the fight against global warming. They have also created a community empowerment model for the other 22 California communities facing a similar threat of fossil fuel power plants.

Removing La Montaña

The 1994 Northridge earthquake left an impact far beyond it's epicenter. Rubble from the collapsed freeways was brought into a predominantly Latino neighborhood in Huntington Park, right across the street from people's homes. This mountain of rubble, known as La Montaña by local residents, appeared overnight. The roadway rubble was to be crushed and recycled, but the operations produced large amounts of dust that

Know Your Voting Rights

1. You have the right to cast a ballot if you are a valid registered voter.
2. You have the right to cast a provisional ballot if your name is not listed on the voting rolls.
3. You have the right to cast a ballot if you are present and in line at the polling place prior to the close of the polls.
4. You have the right to cast a secret ballot free from intimidation.
5. You have the right to receive a new ballot if, prior to casting your ballot, you believe you made a mistake.
6. You have the right to receive assistance in casting your ballot, if you are unable to vote without assistance.
7. You have the right to return a completed vote-by-mail ballot to any precinct in the county.
8. You have the right to election materials in another language, if there are sufficient residents in your precinct to warrant production. LA County provides materials in Chinese, Japanese, Korean, Spanish, Tagalog and Vietnamese.
9. You have the right to ask questions about election procedures and observe the election process.
10. You have the right to report any illegal or fraudulent activity to a local elections official or to the Secretary of State's Office.

If you believe you have been denied any of these rights, or you are aware of any election fraud or misconduct, please call the Secretary of State's confidential toll-free Voter Hotline at

Find Your Polling Place

From the Secretary of State Website:

To find your polling location and learn more about your rights, log onto www.lavote.net

Election Protection Hotline: 1-866-OUR-VOTE

Additional number to call: LA County Election Protection Hotline: 1-800-481-VOTE



Your Vote Matters!



It is important that you actively engage in the political process. Don't let others make the decisions that will affect you and your community. Minority communities had to fight hard to win the right to vote. Let's use it, or we could lose it!

Register to Vote!

Voter Registration Forms - The Registrar-Recorder/County Clerk provides Voter Registration forms and assistance in six languages other than English in compliance with Federal and State laws (Spanish, Chinese, Japanese, Vietnamese, Tagalog and Korean).

Register In Person - FLORENCE/FIRESTONE
7807 S. Compton Avenue, 1st Floor
Los Angeles, CA 90001
(323) 586-6192

Register By Mail – You can mail a completed Voter Registration form to our office. Voter Registration forms may be obtained in the following ways:

- **Request A Voter Registration Form By Phone** Residents may request that a Voter Registration form be mailed by calling the Registrar-Recorder/County Clerk's general information telephone numbers: (562) 466-1310 or (800) 481-VOTE, 24 hours a day.
- **Obtain A Voter Registration Form At Most Government Buildings** Voter Registration forms are available throughout Los Angeles County at most County buildings, city halls, fire stations, libraries, State Motor Vehicle Offices, Public Assistance Offices (DPSS, WIC), and post offices.
- **Download a Voter Registration Form** – You can download a Voter Registration form in **English** or **Spanish** by visiting:
www.sos.ca.gov/nvrc/fedform/.

You Should Re-Register if:

- You changed your permanent address
- You changed your name
- You changed your political party

covered the homes in the surrounding neighborhood leading to respiratory ailments like asthma and chronic bronchitis. Residents rarely ventured out of their homes and sealed up their windows in an attempt to keep the cement dust out of their homes and lungs.

Shortly after La Montaña popped up in Huntington Park, CBE worked with local residents who had begun organizing to get the city to remove this pollution source. CBE began lobbying the California Integrated Waste Management Board (CIWMB) to take on the cleanup of La Montaña. CBE held public meetings with local residents where, together, we came up with a list of concerns and demands. CBE sent these demands to CIWMB urging them to approve the cleanup. On June 15, 2004, the CIWMB voted unanimously to do the cleanup!

It took CBE and the community members more than 11 eleven years of struggle, but La Montaña is now gone, moved to seven more appropriate processing plants. The future plans for the land that once held this eye sore and public health threat, is a park and school that will be named for Linda Marquez, former CBE Board Member and long time activist who was one of the people responsible for bringing CBE to Huntington Park/Southeast LA and was instrumental in getting La Montaña removed.

Rule 1402

CBE mobilized over 400 community members, mainly from Southeast LA to a South Coast Air Quality Management District (AQMD) board meeting in March of 2000 to push for more stringent controls in air quality rule making. Never in AQMD's long history had so many community members attended a meeting to voice their concerns. These were not mainstream environmentalists, which the AQMD had grown accustomed to seeing at its policy meetings, but low-income people of color, many of them immigrants, directly demanding environmental rights. This particular meeting led to the establishment of Rule 1402—Control of Toxic Air Contaminants from Existing Sources, which reduced the cancer risk from existing facilities in the South Coast Air Basin from 100 in a million to 25 in a million.

Farmers Markets

Central Avenue Farmers' Market

4301 Central Ave. Los Angeles, 90010

Open All Year

Thursdays, 12:00 p.m. - 6 p.m.

Downey Farmers Market

8223 2nd St., Downey

Open All Year

Saturdays, 9 a.m. - 1 p.m.

Huntington Park

Salt Lake Park at Bissell Street, north of Florence Avenue,
Huntington Park

Open All Year

Wednesdays, 9:30 a.m. - 1:30 p.m.

South Gate

Parking lot No. 3, 9615 Pinehurst Ave., South Gate

Open All Year

Mondays, 10 a.m. - 3 p.m.

Lynwood CFM

Martin Luther King & Cesar Chavez Ln. Lynwood, CA

Open All Year

Tuesdays, 12 p.m. - 5 p.m.

For more information on Farmers'
Markets in LA County, go to
<http://www.farmernet.com/events/cfms>



IF POLICE OR IMMIGRATION AGENTS COME TO YOUR HOME

- You do not have to let them in your home unless they have specific warrants:
 - A **search warrant** is used to search your address but only the areas that were indicated to be searched in the warrant.
 - An **arrest warrant** allows the officer to enter the home of a person listed on the warrant if they believe the person is inside. A **warrant of removal/deportation** (ICE warrant) does not allow officers to enter without consent.
- Ask the officer to slip the warrant under the door or hold it to the window so you may inspect it.



IF YOU FEEL YOUR RIGHTS MAY HAVE BEEN VIOLATED

- WRITE DOWN EVERYTHING YOU REMEMBER, including officers' badge numbers, where the officer is from, and any other details that stand out. Get witness information if you can, and if you are injured, take photographs of your injury and seek medical attention.
- File a written complaint with the agency's internal affairs division or civilian complaint board. In many cases you may file complaints anonymously.

IF YOU ARE CONTACTED BY THE FBI

- If an FBI agent comes to your home or workplace, you do not have to answer any questions. You may tell the agent you want to speak to an attorney first.
- If you are asked to meet with the FBI agent(s) for an interview, you have the right to say you do not want to be interviewed. If you consent to an interview, have your attorney present. You do not need to answer questions that you feel uncomfortable answering, and you can say that you will only answer questions on specific topics.

IF YOU ARE ARRESTED

- Do not resist arrest, even if you believe the arrest is unfair.
- Remember to immediately SAY YOU WISH TO REMAIN SILENT AND WANT A LAWYER.
- You have a right to make a local phone call. If you are calling your attorney the police cannot listen to your phone call.
- Prepare yourself and your family in case you are arrested. Memorize the phone numbers of your family members and your lawyer (if you have one).

SPECIAL CONSIDERATIONS FOR NON-CITIZENS IF YOU ARE ARRESTED

- Ask your lawyer about the effect of a criminal conviction or plea on your immigration status.
- Don't discuss your immigration status with anyone but your lawyer.
- While you are in jail, an immigration agent may visit you. Do not answer questions or sign anything before consulting with your attorney. Read all papers fully. If you do not understand or cannot read the papers, tell the officer you need an interpreter.

IF YOU ARE TAKEN INTO IMMIGRATION (OR "ICE") CUSTODY

- You have a right to a lawyer, but the government does not have to provide one for you. If you do not have a lawyer, ask for a list of free or low-cost legal services.
- You have the right to contact your consulate or have an ICE agent inform the consulate of your arrest.
- Tell the ICE agent you wish to remain silent and do not discuss your immigration status.
- DO NOT SIGN ANYTHING without speaking with your attorney.
- Memorize your immigration number ("A" number) and give it to your family. It will help your family locate you.
- Keep a copy of your immigration papers with someone you trust.



Know your Rights

Adapted from the ACLU, and from www.midnightspecial.net, Know Your Rights. This information is not intended to be used as legal advice, but rather to give suggestions as to how to deal with law enforcement. In the event of arrest, please seek legal counsel.

THERE ARE THREE TYPES OF ENCOUNTERS WITH LAW ENFORCEMENT

- **Conversation**-this occurs when the law enforcement official does not have enough evidence to lawfully detain or arrest someone. This is often called a “casual encounter” or a “friendly conversation.”
- **Detention**-detention only occurs when there is **REASONABLE SUSPICION**. Reasonable suspicion means that law enforcement must have more than a hunch that a crime has taken place. Under detention, a person is not arrested but they may not leave. When someone is detained, law enforcement may pat them down to make sure they do not have any weapons.
- **Arrest**-an arrest may only take place if the law enforcement officer has probable cause (meaning they have *more* than reasonable suspicion). Probable cause arises when law enforcement has information or potential proof that someone was involved in a crime. When someone is arrested the law enforcement may search to the skin and go through their personal belongings. If police come to your door with an arrest warrant, you can go outside and lock the door behind them. Law enforcement officers may go to any room you go into, so do not go back into your house upon arrest. It is better to just go with law enforcement and not give them any reason to search your house.

WHAT ARE YOUR BASIC RIGHTS WHEN STOPPED BY LAW ENFORCEMENT?

- **YOU HAVE THE RIGHT TO REMAIN SILENT.** In order to use this right you must make it clear that you are choosing to exercise your right to remain silent.
- You have the right to refuse consent to a search of your house, car, personal possessions, or yourself.
- If you are not under arrest you have the right to calmly leave
- You have the right to an attorney. **IF YOU ARE ARRESTED, IMMEDIATELY ASK FOR AN ATTORNEY.**
- Regardless of your immigration or citizenship status, you have constitutional rights.

THINGS TO KEEP IN MIND WHEN YOU ARE DEALING WITH LAW ENFORCEMENT

Although the situation may be stressful and law enforcement may be aggressive DO stay calm and be polite.

- **DO NOT** interfere with or obstruct law enforcement
- **DO NOT** give false documentation or lie.
- If you are undocumented, **DO** create a back-up plan and prepare yourself or your family in the event of arrest and/or deportation.
- **DO** keep a record of the encounter with law enforcement, especially if law enforcement was unnecessarily rough or violent with you.
- **DO** file (and keep a copy of) a written complaint, or call your local ACLU if your rights have been violated.- **(213) 977 9500.**



IF YOU ARE STOPPED FOR QUESTIONING BY LAW ENFORCEMENT

- If a law enforcement officer asks you anything other than your name and address you may exercise your right to remain silent by saying: **“I AM GOING TO REMAIN SILENT. I WANT TO SEE AN ATTORNEY.”**
- As soon as these words are used, the law enforcement officer is **LEGALLY REQUIRED** to stop asking further questions.
- If the law enforcement officer(s) continues to ask question repeat the above mentioned words until they stop asking you questions.
- Anything you say to the authorities can and will be used against you and your friends in court.

Ways to get involved with CBE

Community Meetings

CBE Phone Number:

(323) 826-9771

United Residents of SELA Meets:
Wednesdays at 6:00pm

Contact:
Robert Cabrales x107
rcabrales@cbeval.org

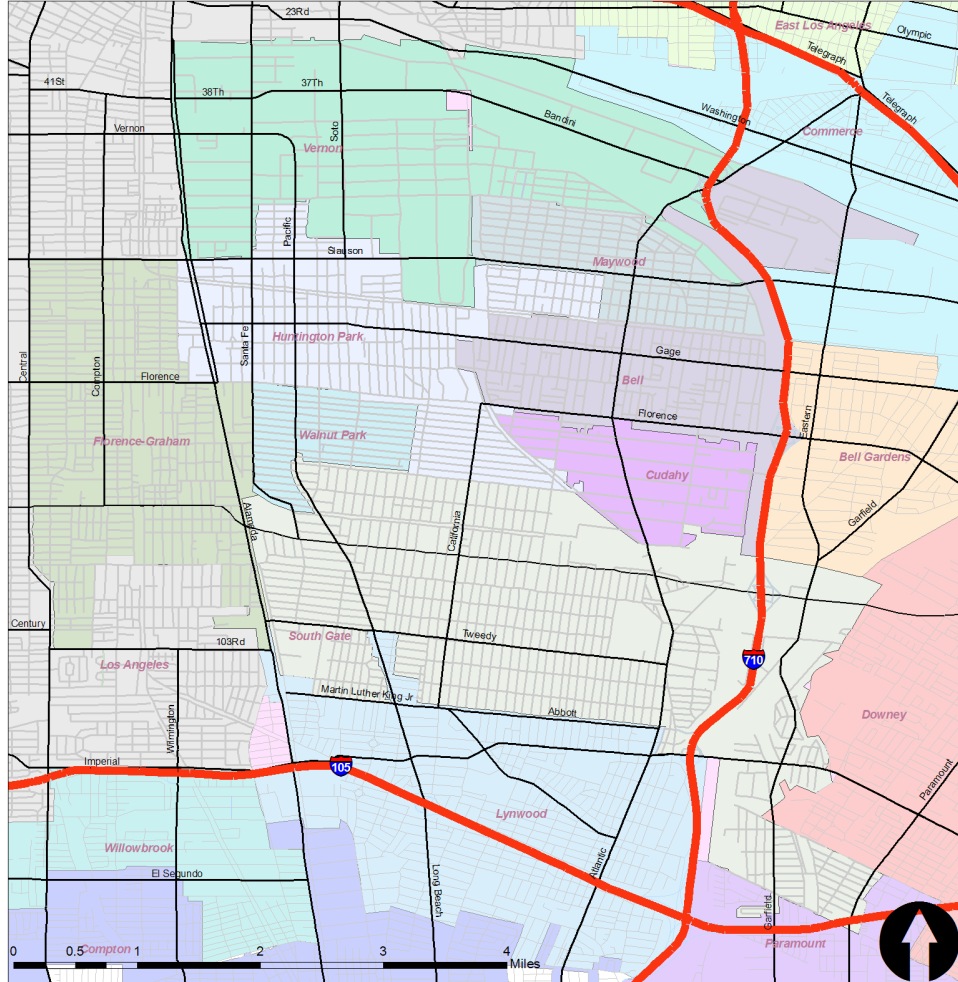
Youth for Environmental Justice:
Mondays at 5pm

Contact:
mark! Lopez x112
mark@cbeval.org

Campus Youth Action Club Weekly Meetings at:
Huntington Park High School
South Gate High School
South East High School
International High School

Contact:
Darryl Molina x102
dmolina@cbeval.org
mark! Lopez x112
mark@cbeval.org

Southeast Los Angeles



Independent Cities

Bell
Bell Gardens
Commerce
Cudahy
Downey
Huntington Park

Lynwood
Maywood
Paramount
South Gate
Vernon

Unincorporated LA County

Florence-Firestone
(also known as Florence-Graham)
Walnut Park

Labor Standards & Enforcement

(213) 620-6330 or
(888) 275-9243

Lead Poisoning

National Lead Information
(800) 424-5323

Los Angeles County of Public Works

Hazardous Materials (closed Friday)
(888) 253-2652

Managed Health Care, Dept of

Complaints against a HMO
(800) 996-2489

Medical Board of California

Complaints against a doctor
(800) 633-2322
www.medbd.ca.gov

Metropolitan Transportation

- Transportation incentive program
- Freeway service patrol
- Metro rail locations, maps
- Customer relations, fare information

Los Angeles County (213) 922-6235
www.mta.net

Mosquitoes

Greater LA County Vector Control
(562) 944-9656

National Do Not Call Registry

(888) 382-1222
www.donotcall.gov

Recycling Center

(800) 732-9253
www.consrv.ca.gov

Sewer and Storm Drain Odors

· LA Co Public Works (626) 458-4357

State Disability Insurance

(800) 480-3287

State Operator

Phone numbers for all state agencies
(916) 657-9900 Toll call

Storm Drain Dumping (Illegal)

Storm Water Management
(800) 974-9794

Unemployment Insurance

(800) 300-5616

Veterans Affairs

Veterans benefits or complaints
(800) 952-5626
www.cdva.ca.gov

Victim Compensation & Govt Claims Board

(800) 777-9229 & (800) 955-0045
www.vcgcb.ca.gov

Water Quality Control Board

State Board (916) 657-1247
Los Angeles County (213) 576-6600

Workers Compensation Public Assistance

(800) 736-7401

Additional resources available through SCAQMD online

http://www.aqmd.gov/complain/pdf/inteagency_referrals.pdf

WHO TO CALL!

Continued....

Animal Control Center

- Stray / Deceased animals
- Vaccination clinic
- Lost animals
- Pet Adoption

LA County Downey Shelter:
(562) 940-6898
Serving: *Bell, Cudahy, Huntington Park, Lynwood, Maywood, Florence-Firestone*, Walnut Park**

Southeast Area Animal Control Authority (SEAACA): (562) 803-3301
Serving: Bell Gardens, Downey, Paramount, South Gate, Vernon

City of Commerce: (323) 722-4805 x236

Asthma & Allergy Foundation

- Pollen count
 - Breath mobile
 - Children's program
 - Senior's program
- (800) 624-0044 (323) 937-7859
www.aafasocal.com

Asbestos

Environmental Hygiene
(626) 430-5440

Bee Infestation

Vector Control
Los Angeles County (626) 575-5471

Bulky Item Pick-Up

Los Angeles Bureau of Sanitation

Bell: (323) 588-6211 x219
Bell Gardens: (888) 853-5110
Cudahy: residents can place their large items on the curb after 6:00pm on Tuesday evening or before 6:00am on Wednesday. There is NO charge to residents for this service.
Huntington Park: (310) 763-8500
Lynwood: (800) 299-4898
Maywood: (562) 347-4000
South Gate: (800) 774-0222
Calmet Serving Commerce, Downey, and Paramount: (562) - 259-1239
LA Couty Dept . of Public Works: Toll free (888) CLEAN LA

Crime Victims Assistance

Financial assistance for victims of crime
(800) 777-9229
www.boc.ca.gov

Fair Employment and Housing, Dept of

Employment discrimination Complaints
Housing discrimination complaints
(800) 884-1684 or (800) 233-3212
www.dfeh.ca.gov

Health Haz Mat

- Hazardous Materials
 - Business inspections
 - Chemical spills
 - Permits fire, film, building
 - Illegal dumping
- (800) 69-TOXIC (800) 698-6942
Los Angeles County (323) 890-4045

Demographics

Population*: 614,352 people
Area: 56 square miles

Education*
(residents 25 years and up)

Race/Ethnicity*

Latino 86.9%
White 6.3%
Black 4.1%
Asian 2.1%
Other 0.7%

Less than High School 47.6%
High School Diploma 25.4%
Some College 18.7%
Bachelor's degree 6.1%
Master's degree or higher 2.2%

*Based on US Census Community Survey 2005-2009 Estimates

General Phone Numbers

Cities

Bell	Tel: (323) 588-6211
Bell Gardens	Tel: (562) 806-7700
Commerce	Tel: (323) 722-4805
Cudahy	Tel: (323) 773-5143
Downey	Tel: (562) 904-7246
Huntington Park	Tel: (323) 582-6161
Lynwood	Tel: (310) 603-0220
Maywood	Tel: (323) 562-5700
Paramount	Tel: (562) 220-2000
South Gate	Tel: (323) 563-9500
Vernon	Tel: (323) 583-8811

Unincorporated LA County

Florence-Firestone	LA Supervisor District 1—Tel: (323) 881-4601 LA Supervisor District 2—Tel: (213) 974-2222
Walnut Park	LA Supervisor District 1—Tel: (323) 881-4601

Who Represents Me?

CA Assembly District*

John Pérez

Assembly Member 46th District
320 West 4th Street Room 1050
Los Angeles, CA 90013
Tel: (213) 620-4646

Bell Commerce Cudahy	Huntington Park Maywood South Gate	Vernon Florence- Firestone** Walnut Park**
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Ricardo Lara

Assembly Member 50th District
12132 South Garfield Avenue
South Gate, CA 90280
Tel: (562) 529-3250

Bell Bell Gardens Commerce Cudahy Downey	Huntington Park Lynwood Maywood Paramount South Gate	Vernon Florence- Firestone** Walnut Park**
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Isadore Hall, III

Assembly Member 52nd District
2200 W. Artesia Blvd. Suite 210
Compton, CA 90220
Tel: (310) 223-1201

Downey Lynwood Paramount	South Gate Florence- Firestone**	Walnut Park**
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Tony Mendoza

Assembly Member 56th District
12501 E. Imperial Highway Suite 210
Norwalk, CA 90650
Tel: (562) 864-5600

Downey

Charles Calderon

Assembly Member 58th District
13181 N Crossroads Parkway Suite 160
City of Industry, CA 91746
Tel: (562) 692-5858

Bell Gardens Commerce Downey

CA Senate District

Kevin de León

Senate District 22
617 South Olive Street Suite 710
Los Angeles, CA 90014
Tel: (213) 612-9566

Bell Commerce Huntington Park	Maywood South Gate Vernon	Florence- Firestone** Walnut Park**
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Roderick D. Wright

Senate District 25
One Manchester Blvd., #600
Inglewood, CA 90301
Tel: (310) 412-0393

Lynwood Paramount	Florence- Firestone**
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*Current as of June 2011

**Unincorporated LA County

To find out who your local representatives are, contact the Election Information Section at (562) 466-1310 or click on 'What Are My Districts?' on the LA County Registrar of Voters website homepage at www.lavote.net/OnlineDistrictmapApp

Mold

<http://publichealth.lacounty.gov/eh/housing/brochure/moldhome.pdf>

Additional Information:

U.S. EPA IAQ INFO, (800) 438-4318,

9 am to 5 pm, Eastern Time,
www.epa.gov/iaq/

California Department of Health Services

Indoor Air Quality Section,
850 Marina Bay Parkway (EHLB),
Richmond, CA 94804
Phone: 510-620-2874

Properly disposing of used motor oil

1-800-Cleanup (800) 253-2687

You can also visit their website for more information on recycling in your area
www.Earth911.com

Lead

The Los Angeles County Department of Health Services offers a toll-free hotline for parents, homeowners, preschool operators and others concerned about lead poisoning of children. For referrals and information, call
(800) LA-4-LEAD.

What is an Emergency? And what should I Report?



An **emergency** is a situation that causes a sudden and immediate risk to one's health, safety, property or the environment and requires immediate attention. Environmental emergencies include oil and other chemical spills as well as other accidents that cause a sudden release of pollution into the air, land, or water. These types of emergencies could arise from unexpected events at factories or from spills during transportation. If you witness an event like this, please contact the appropriate agency from the **Emergencies** section on the back page immediately.

Non-emergencies include situations such as flares or unusually large amounts of emissions from industrial facilities, bad odors and excessive noise. These examples of non-emergency environmental problems can and should be reported to the appropriate agency.

WHO TO CALL?

**For Life threatening
Emergencies call 911**
**Additional emergency contacts
numbers on the back page.**

Flares, dust, smoke and odor:
**The South Coast Air Quality
Management District (AQMD):**
1-800-CUT-SMOG
(800-288-7664) 24-hour hotline
for complaints. An inspector will
check on the reported situation.

**OR: The facility that is
responsible for the pollution.**
(Check website or phonebook
for contact info).

**General environmental
concerns:**
**Environmental Protection
Agency (EPA):**
Southern California Field Office:
(213) 244-1800
OR online at: [http://
www.epa.gov/compliance/
complaints/index.html](http://www.epa.gov/compliance/complaints/index.html)

**Spills and dumping; trash left on
public property:**
Los Angeles Department of
Public Works: 1-800-974-9794

Non-Emergency Assistance
County of Los Angeles
non-emergency assistance
toll-free phone number to
contact County of Los
Angeles officials for any non-
emergency public service: **211**

**Local Police Department
Police:**
Non-emergency crimes:
Bell: (323) 585-1245
Bell Gardens: (562) 806-7600
Commerce: (323) 264-4151
Cudahy: (323) 264-4151
Downey: (562) 861-0771
Huntington Park: (323) 584-6254
Lynwood: (323) 568-4800
Maywood: (323) 562-5005 or
(323) 264-4151
Paramount: (562) 220-2002
South Gate: (323) 563-5400
Vernon: (323) 587-5171
Unincorporated LA County
Florence Firestone & Walnut
Park: (323) 568-480

Excessive noise:
Call your local police department

At the workplace:
**CA Division of Labor
Standards Enforcement:**
Long Beach: (562) 590-5048

US Department of Labor:
[www.osha.gov/pls/osha7/
eComplaintForm.html](http://www.osha.gov/pls/osha7/eComplaintForm.html)
File complaints (anonymously
or not) on the Internet using this
form.

Alan Lowenthal
Senate District 27
16401 Paramount Blvd
Paramount, CA 90723
Tel: (562) 529-6659

Bell Gardens	Paramount
Cudahy	South Gate
Downey	Florence-
Lynwood	Firestone**

Ron Calderon
Senate District 30
400 N. Montebello Blvd., Suite 100
Montebello, CA 90640
Tel: (323) 890-2790

Bell	Huntington	Vernon
Bell Gardens	Park	Florence-
Commerce	Lynwood	Firestone**
Cudahy	Maywood	Walnut Park**
Downey	South Gate	

US Congress

Lucille Royball-Allard
34th US Congressional Dist.
255 East Temple St. Suite 1860
Los Angeles, CA 90012
Tel: (213) 628-9230

Bell	Huntington	Florence-
Bell Gardens	Park	Firestone**
Commerce	Maywood	Walnut Park**
Cudahy	Paramount	
Downey	South Gate	
	Vernon	

Maxine Waters
35th US Congressional Dist.
10124 South Broadway, Suite 1
Los Angeles, CA 90003
Tel: (323) 757-8900

Florence-Firestone**

Laura Richardson
37th US Congressional Dist.
100 W. Broadway-West Tower Suite 600
Long Beach, CA 90802
Tel: (562) 436-3828

Paramount	Florence-
	Firestone**

Grace Napolitano
38th US Congressional Dist.
11627 East Telegraph Rd. #100
Santa Fe Springs, CA 90670
Tel: (562) 801-2134

Commerce	Downey
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Linda Sanchez
39th US Congressional Dist.
17906 Crusader Ave. Suite 100
Cerritos, CA 90703
Tel: (562) 860-5050

Bell Gardens	Lynwood	Walnut Park**
Cudahy	Paramount	
Downey	South Gate	
Huntington	Florence-	
Park	Firestone**	

US Senate

Barbara Boxer
312 N. Spring St. Suite 1748
Los Angeles, 90012
Tel: (213) 894-5000
Fax: (202) 224-0357

Diane Feinstein
11111 Santa Monica Blvd., Suite 915
Los Angeles, 90025
Tel: (310) 914-7300
Fax: (310) 914-7318

Health & Medical Resources

Los Angeles County Residents can get needed medical care at no-cost or at low-cost at Los Angeles County Hospitals and Clinics

You do not need to pay in advance, and you must be unable to pay the full cost of your medical care. You must have charges that Medi-Cal, Medicare, private insurance, or other medical benefits won't cover. Contact the clinic or hospital below to verify if you qualify for these no-cost or low-cost programs. Also, call to verify if the clinic closest to you is accepting new patients.

**Source: LA County Department of Health Services*

Health Care Provider

AltaMed Health Services - Bell
6901 South Atlantic Avenue Bell 90201
(323) 562-6700

JWCH Institute, Inc. - Bell Shelter
5600 Rickenbacker Road, Building 1E Bell 90201
(323) 263-8840

Northeast Community Clinic - Bell
4129 East Gage Avenue Bell 90201
(323) 771-8400

Family Health Care Centers of Greater Los Angeles - Bell Gardens
6501 South Garfield Avenue Bell Gardens 90201
(562) 928-9600

JWCH Institute, Inc. - Bell Gardens
6912 Ajax Avenue Bell Gardens 90201
(323) 562-5815

Bellflower H.C.
10005 E. Flower Ave Bellflower 90706
562-804-8112

Children's Dental Foundation - Bellflower
10005 East Flower Street Bellflower 90706
(562) 804-8100

Rancho Los Amigos National Rehabilitation Center
7601 E. Imperial Highway Downey 90242
562 401-7041

South Atlantic Medical Group - Huntington Park
2616 Clarendon Avenue Huntington Park 90255
(323) 569-6633

MLK Multi-Service Ambulatory Care
12021 S. Wilmington Ave Los Angeles 90059
310-668-4321

BAART Community Healthcare - Southeast
4920 South Avalon Los Angeles 90011
(323) 235-5035

Central City Community Health Center
5970 South Central Avenue Los Angeles 90001
(323) 234-3280

Central Neighborhood Medical Group, Inc.
2707 South Central Avenue Los Angeles 90011
(323) 234-5000

Martin Luther King, Jr. Multi-Service Ambulatory Care Center
12021 South Wilmington Avenue Los Angeles 90059
310 668-4321

South Central Family Health Center
4425 South Central Avenue Los Angeles 90011
(323) 908-4200

Watts Healthcare Corporation
10300 Compton Avenue Los Angeles 90002
(323) 357-6680

BAART Community Healthcare - Lynwood
11315 South Atlantic Boulevard Lynwood 90262
(310) 537-5883

JWCH Institute, Inc. - Women's Health Center
3620 Martin Luther King, Jr. Boulevard Lynwood 90262
(310) 638-9007

Emile G. Shenouda, M.D., Inc.
10132 California Avenue South Gate 90280
(323) 566-4411