

Communities for a Better Environment
GREEN BUSINESS PROFILE

Los Tres Cochinitos and Al Cien Mariscos Y Mas owned by the Montes Family



SERVING THE WILMINGTON COMMUNITY

In the Los Angeles Harbor Area, there is a very special family restaurant called Los Tres Cochinitos, which has been owned by the Montes family since 1973. Angel Montes Sr. opened the business along with the support of his wife Isaura Castañeda after they immigrated from Mexico in 1966. Los Tres Cochinitos was expanded in 1985 in order to support community needs. The restaurant is currently under the leadership of Isaura and her son Angel Montes Jr., while other family members also help sustain its daily functions. They also expanded their business by creating a second restaurant called Al Cien Mariscos Y Mas, located at 636 N Avalon Blvd. Wilmington CA, 90744. Their aim was to have a space to highlight their Mexican culture through music and food, especially feeling the need to open a new-age mariscos place in Wilmington that caters to a mix of community members.

As they are Wilmington residents themselves, the Montes family is



Al Cien Mariscos Y Mas
 Image by: @alcienmariscosymas.

connected to the Heart of the Harbor and throughout their decades of existence they have serviced the community and continue to donate food and resources to local sports teams, family memorial services, and other community functions.

The Montes family is dedicated to the Wilmington area and hopes to set a great example by being a green business. Angel Jr. gives credit to his mom, Isaura, who takes advantage of the daylight and makes it a routine habit to turn off the lights in the daytime. Angel Jr. also took it upon himself to replace all lighting with LED bulbs at Los Tres Cochinitos, after hearing that they last longer, are inexpensive, and provide better lighting. He has seen the change in his energy bill but also sees the impact it has

made in the restaurant's daily activities. He has noted that the restaurant is brighter, the kitchen and dinning area are kept even cleaner



LED lights make the kitchen much brighter, and it has improved cleanliness and conditions of the workplace.

since they can see details better, and it has also improved the conditions for the cooks and kitchen staff. Aside from lighting, the business ensures the thermostat is set to 78° F, as a means to keep the customers and staff comfortable and conserve energy. They also have been recycling their own bottles and cans and turn them in locally, donating all proceeds to a community member.

Angel Montes Jr. wanted to bring social awareness to his community after coming into communication with representatives from the local nonprofit Communities from a Better Environment (CBE). On October 2017, Angel Jr. learned of a variety of energy efficiency programs directed to small businesses provided by the Los Angeles Department of Water and Power (LADWP). All programs seek to service small businesses to become green by providing no cost, low-cost, and rebate incentives. Angel Jr. took action to protect the environment after discovering that there were accessible energy efficient technologies. It took one visit from CBE and three phone conversations with LADWP for all of the lighting to be switched at his newer restaurant, Al Cien

Mariscos Y Mas, to LED bulbs at no cost to Angel Jr. He explained that the process was simple and very worth it because of how much money and energy he will be saving.

Angel Jr. believes that because their family has been in existence for decades, Wilmington residents and loyal customers who are familiar with the restaurant will also start to utilize the resources and sustainability programs available to them. They hope that if smaller businesses recognize that “Los Tres Cochinitos and Al Cien restaurants did it,” they will also be encouraged to take the pledge!

PLEDGE TO GO GREEN :

- Switch to energy efficient, light-emitting diode (LED).
- Set AC to 78°F to save energy and stay comfortable.
- Turn off lights and equipment when not in use.
- Plug office electronics and equipment into a power strip so it is easy to switch off when not in use.
- Find out how to save energy while preventing pollution and reducing waste.
- Move objects away from vents and let the cool air flow.

For more info about LADWP Programs visit www.ladwp.com (under Commercial Customer) or call 1-800-499-8840.



The Montes siblings officially taking the pledge to go green making their restaurants more environmentally friendly!

Los Tres Cochinitos

803 PCH Blvd, Wilmington, CA 90744
Open 24 Hours (310) 549-0921

Al Cien Mariscos Y Mas

636 N Avalon Blvd. Wilmington, CA 90744
Open 10- 10pm, closed Mondays (424) 477-5373